




# JUNE 2018



Monday	Tuesday	Wednesday	Thursday	Friday
<b>4</b> Omelet With Cheese Muffin Baked Potato Stewed Tomato Orange Milk	<b>5</b> Breaded Haddock Filet Brown Rice Homemade Cole Slaw Green Beans Fresh Apple Milk	<b>6</b> Beef Patty W/ Stroganoff Sauce Whole Wheat Pasta Mixed Vegetables Romaine Salad Local Strawberries Milk	<b>7</b> Meat And Cheese Lasagna (Pasta) Cooked Seasoned Spinach Italian Blend Vegetables Banana Milk	<b>8</b> Honey Mustard Chicken Salad Crackers, Romaine Lettuce Pea Salad Homemade Carrot Salad Mandarins And Pineapple Milk
<b>11</b> Italian Noodle Casserole (Pasta) Parslied Carrots Three Bean Salad Orange Milk	<b>12</b> Cheese Enchilada With Chicken And White Sauce Broccoli Black Beans Apricots Milk	<b>13</b> Chicken Sandwich Whole Wheat Bun Peas Homemade Cole Slaw Sliced Pears Milk	<b>14</b> Swedish Meatballs Whole Wheat Pasta Brussels Sprouts Homemade Carrot Salad Fruit Cocktail Milk	<b>15</b> Beefy Taco Salad, Romaine Tostada Shell Pickled Beets Corn Salad Local Strawberries Milk
<b>18</b> Chicken Jambalaya Brown Rice Cauliflower Romaine Salad Peaches Milk	<b>19</b> Cheese Ravioli Chicken And Marinara Sauce Winter Blend Vegetables Zucchini Pineapple Tidbits Milk	<b>20</b> Hungarian Goulash Whole Wheat Pasta Corn Pickled Beets, Local Strawberry Birthday Muffin Milk	<b>21</b> Chicken Leg With BBQ Sauce Oatmeal Cookie Parslied Potatoes & Carrots Homemade Cole Slaw Banana Milk	<b>22</b> Tuna Salad Slice Of Bread Pea Salad Homemade Carrot Salad Orange Milk
<b>25</b> Pork Rib Patty Graham Crackers Baked Potato CA Blend Vegetables Apple Sauce Milk	<b>26</b> Cheese Enchilada With Chicken And Red Sauce Cauliflower Green Beans Sliced Pears Milk	<b>27</b> Beef Hamburger W/Fixins Whole Wheat Bun Broccoli Summer Squash Apricot Halves Milk	<b>28</b> Chicken & Stuffing Casserole (Bread Stuffing) Brussels Sprouts Homemade Carrot Salad Fruit Cocktail Milk	<b>29</b> Oriental Chicken Salad Asian Cabbage Slaw Bean Salad W/ Red Wine Dressing Local Strawberries Milk

**Please make your meal reservations or cancellations two working days ahead.**

NOTE: U.S. Dietary Guidelines recommend that we consume fewer than 2300 mg of sodium a day. Meals on this menu marked with  contain over 1000 mg of sodium. We are still researching the sodium content of our recipes and attempting to reduce the sodium content of the meals. Try to balance your sodium intake throughout the rest of the day.